



Dolphin Daily

Week of March 4th

Week of 3/4/24

This week is School Social Workers Week!

Wednesday- Spring Pictures- Packets were sent home with information.

Thursday- 21st Century Meeting 5:30-7:00 Cafeteria

Thank you Keys to Be the Change for your generous donation to our school lunch program.



BREAKFAST MENU

4
Strudel Pastry
Applesauce
Juice & Milk

5
Pancakes
Bacon or Sausage
Scrambled Eggs
Pineapple
Juice & Milk

6
Donut & Yogurt
Pears
Juice & Milk

7
Breakfast Burrito
Hash Brown
Tropical Fruit Salad
Juice & Milk

8
Pancake on a Stick
Hash Brown
Grapes
Juice & Milk
PreK: Pancakes w/ Sausage Patty
w/ Banana

LUNCH MENU

4
Chicken Nuggets w/ Graham Crackers
Mashed Potatoes w/ Gravy
Grapes (PreK: Banana)
Green Beans
Juice & Milk

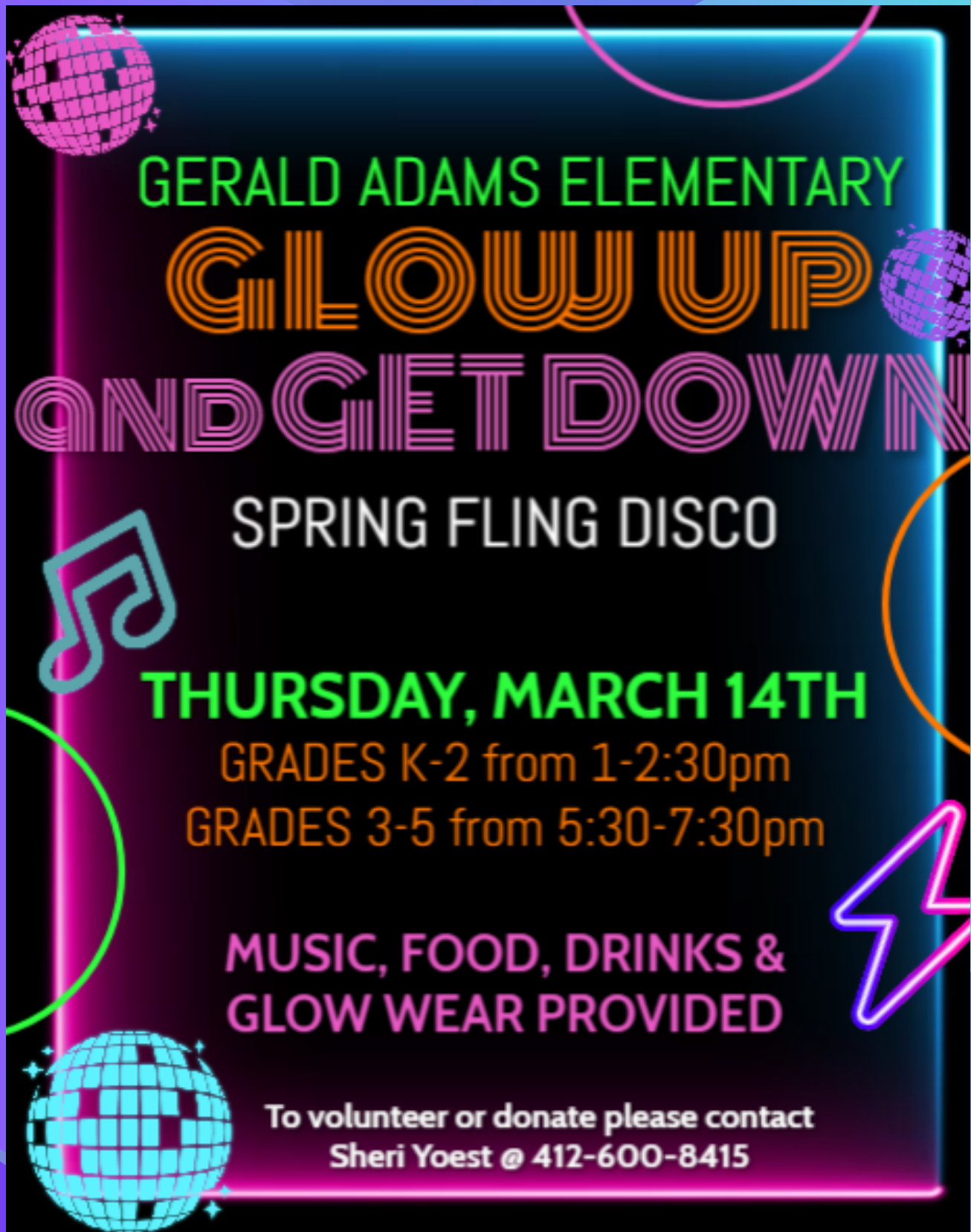
5
Cheeseburger
Smile Fries & Baked Beans
Apples
Juice & Milk

6
Mozzarella Cheese Filled Breadsticks w/ Marinara Sauce & Corn
Mixed Berries Cup
Juice & Milk

7
Hot Dog
Tater Tots & Mixed Veggies
Oranges
Juice & Milk

8
Pizza
Broccoli & Smile Fries
Peaches
Juice & Milk

Get Ready! Next week is our FIRST School Dance!



GERALD ADAMS ELEMENTARY
GLOW UP
AND GET DOWN
SPRING FLING DISCO
THURSDAY, MARCH 14TH
GRADES K-2 from 1-2:30pm
GRADES 3-5 from 5:30-7:30pm
MUSIC, FOOD, DRINKS &
GLOW WEAR PROVIDED
To volunteer or donate please contact
Sheri Yoest @ 412-600-8415



JOIN OUR SAC!

Meeting dates are Monthly

8:00am Media Center

March 13th

April 17th

May 15th

Or join us online at:

<http://tinyurl.com/GAESAC>



S.O.S.
Foundation

Join us for:

SOS's Third Annual FIELD DAY!!

Saturday, March 9th from 10am-1pm
Bernstein Park, Stock Island (6751 5th St.)

Featuring

- Live DJ
- Key West Police Athletic League (PAL)
- Soccer Drills
- Bouncy House
- SOS Nutrition Education Booth
- Arts and Crafts
- Face Painting


& more!

✦ Special Performance by Mike Stack ✦

Free fun for kids of all ages!
especially ages 4-12

Sandwiches, courtesy of Jersey Mikes, healthy snacks, and water will be provided.
For more information visit www.sosfoundation.org/fieldday
or call (305) 292-3013 ext. 1





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MARCH MADNESS

March 11-15

MON 11	Kick off IXL Challenge! Classes will compete against each other for the most questions correct!
TUE 12	College Day Wear your favorite college team attire.
WED 13	Celebrate St. Patrick's Day! Dress in your favorite St. Patrick's Day attire or wear green!
THU 14	Pie Day! Celebrate with pie and learn all about our favorite number 3.14
FRI 15	No School Enjoy your Spring Break!

Please note:
**Any pies sent in for Pie Day MUST be store bought. Please do not send any homemade pies.
** IXL challenge can also be done at home. :)



GAE Events

ATTENDANCE TOURNAMENT

**Celebrate March
Madness by coming
to school everyday
during the month of
March**



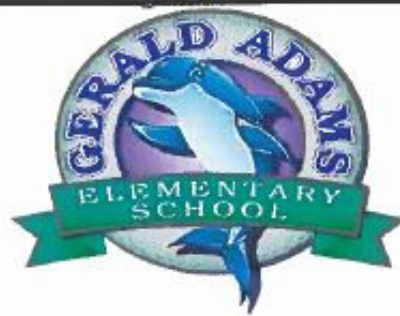


GAE Events

PERFECT ATTENDANCE AWARDS



PBIS TEACHER AND STAFF OF THE MONTH- ASHLEY MELLIES AND JONI DISSON



Mrs. Orcutt's Counselor's Corner

March 2024

Small Group Counseling



- Exploring emotions heavy feeling VS light feelings
- Coping strategies; Belly Breathing, Chillax in My Head, Shake Out the Yuck & Float Your Boat.

Test Taking Tips

- Take a few deep breaths and relax tense muscle - repeat throughout the test.
- Read directions carefully - ask questions.
- Answer easier questions first - this will help calm you down.
- Manage your time and keep an eye on the clock.

Parent Tips & Tricks

PARENT INVOLVEMENT



- Stay involved and feel free to contact your child's teacher with any questions or concerns.
- Ask your children about school and encourage them to talk about their day. Ask open-ended questions.
- Make sure your child is getting plenty of sleep and is ready for school each day. Be present and on time.
- Teach your children to be responsible for their actions; of what they say and do.
- Read with your child every night.



Florida Assessment of Student Thinking (FAST) & Computer Adaptive Testing (CAT)

Parent Info

What is CAT?

- Online assessment that is adjustable based on student answers
- Grade level content only (does not go above or below current grade level)
- PM3 Testing Dates: Writing 4/1-4/12, FAST ELA , Math and Science 5/1-5/31

Which tests are CAT?

- FAST K-2
- FAST 3-10 ELA
- FAST 3-8 Math
- Algebra 1
- Geometry EOC
- 2024-2025 Science & Social Studies

How can I help my child?

- ✓ Access the FAST Family Portal to review PM1 and PM2 scores to set goals with your student. Each test picks up at the level the student left off at, encourage them to do their best on every test.
- ✓ Encourage them to do their best on every question before moving onto the next. This prevents the test from leveling down on the next question.
- ✓ Encourage students by saying, "The harder it gets, the better you are doing!" The more success in challenging content will earn a higher scale score.
- ✓ Use scratch paper to keep notes and work out problems.
- ✓ Use resources at home such as IXL, FAST practice tests, etc.
- ✓ Visit the FAST Portal for additional information.
- ✓ Review Achievement Level Scores so that your child understands their progress:

Achievement Levels				
1	2	3	4	5
Well Below Grade Level: Likely to need substantial support for the next grade/course	Below Grade Level: Likely to need substantial support for the next grade/ course	On Grade Level: May need additional support for the next grade/ course	Proficient: Likely to excel in the next grade/ course	Exemplary: Highly likely to excel in the next grade/ course



FAST

FLORIDA ASSESSMENT OF STUDENT THINKING

Computer Adaptive Tests (CAT) are:

- Taken Online
- Adjustable based on student answers
- Grade level content only (does not go below grade level)
- Utilized for FAST ELA, Math & B.E.S.T. EOCs
- Based on **Florida B.E.S.T. Standards** OR based on previous **FAST** Test results

FAST STUDENT INFO

Tips for Success

2023 - 2024

Take your **TIME** and do your **BEST** on **EACH** item before moving onto the next question or set of questions.

You **MUST** answer **EVERY** question with your **BEST** educated guess before moving on, but you can flag a question you would like to go back to and review at the end of the test.

The harder it gets, the **BETTER** you are doing!
The more success in challenging content will earn a **HIGHER** scale score.

Try your **BEST** and take your **TIME** on each question. If you do not know the answer to a question, make your **BEST** educated guess based on the information you have.